

Menu Cycle WEEK ONE

Served week commencing:

30th October • 20th November • 11th December • 3rd January
22nd January • 19th February • 12th March

MONDAY



Sweet Chilli Chicken Tortilla with Vegetable Rice

Vegetable Stir Fry with Noodles (V)

Cold Option: Tuna Baguette

TUESDAY



Sausages and Onion Gravy with Creamed Potatoes

Savoury Quiche with Diced Potatoes (V)

Cold Option: Chicken Roll

WEDNESDAY



Roast Chicken and Stuffing with Roast Potatoes or Wholemeal Pasta

Roast Quorn Fillet with Roast Potatoes or Wholemeal Pasta (V)

Cold Option: Cheese Baguette

THURSDAY



Beef Bolognese with Pasta

Cheese Pinwheel with Potato Wedges (V)

Cold Option: Ham Roll

FRIDAY



Fish Bites with Low Fat Chips or Pasta

Favourite Pizza with Low Fat Chips or Pasta (V)

Cold Option: Free Range Egg Roll

Choice of desserts including Fresh Fruit is available daily.



Menu Cycle WEEK TWO

Served week commencing:

6th November • 27th November • 18th December • 8th January
29th January • 26th February • 19th March

MONDAY



Chicken and Tomato Pasta Bake with Side Salad

Quorn Nuggets with Diced Potato (V)

Cold Option: Cheese Baguette

TUESDAY



Burger in a Bun with Potato Wedges

Macaroni Cheese with Wholemeal Garlic Bread (V)

Cold Option: Ham Roll

WEDNESDAY



Roast Pork and Apple Sauce with Roast Potatoes or Wholemeal Pasta

Vegetarian Roll with Roast Potatoes or Wholemeal Pasta (V)

Cold Option: Free Range Egg Roll

THURSDAY



Minced Lamb Slice with Creamed Potatoes

Jacket Potato and Baked Beans (V)

Cold Option: Tuna Baguette

FRIDAY



Fish Finger Wrap with Low Fat Chips or Pasta

Cheese and Tomato Pizza with Low Fat Chips or Pasta (V)

Cold Option: Chicken Roll

Freshly baked wholemeal bread, seasonal vegetables and bowl salads are available daily

All our milk is organic - fresh from the dairy

Gravy and Custard are always available separately when on the menu

Menu Cycle WEEK THREE

Served week commencing:

13th November • 4th December • 15th January • 5th February
5th March • 26th March

MONDAY



Pork Grills with Tomato Rice

Cheese Slice with Potato Wedges (V)

Cold Option: Tuna Baguette

TUESDAY



Lasagne with Side Salad

Vegetable Cobbler with Diced Potatoes (V)

Cold Option: Free Range Egg Roll

WEDNESDAY



Roast Beef and Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta

Vegetarian Burrito with Pasta (V)

Cold Option: Chicken Roll

THURSDAY



Traditional Chicken Pie with Creamed Potatoes

Quorn Hot Dog with Potato Wedges (V)

Cold Option: Cheese Roll

FRIDAY



Bubble Coated Fish with Low Fat Chips or Pasta

Favourite Pizza with Low Fat Chips or Pasta (V)

Cold Option: Ham Baguette



Red Tractor Assured



Vegetarian



Organic Beef



Quality Meat Scotland

Some photographs and / or garnishes have been used as illustration only. All meal prices are set by individual schools and are subject to local variations.

