WOOLENWICK JUNIOR SCHOOL NEWSLETTER

8th January 2016 – No. 6 Parent/Carer Partnership

HAPPY NEW YEAR!

As this is the first newsletter of the new year, we would like to take this opportunity to wish you all a very happy year. Welcome back to all the children and their families. It is going to be our best year yet!

Severe weather

In the event of snow, please look on the school website (at the calendar) to find out if the school is open. We will also send a text message, via SchoolComms, to all those parent who have provided us with a mobile phone number. Therefore, please ensure the school have your current telephone number. Please assume the school is open if no message is posted – we plan to be open as long as it is safe.

Clubs

The clubs letter will be sent out on Tuesday. Please return the reply slip as soon as possible as we work on a first come first served basis. Clubs will commence on Monday 25th January.

Healthy Eating–SUGAR TIPS

At the start of 2016, sugar seems to be hitting the news even more than it ever has with even mobile phone APPS being created to help provide advice and tips on consuming less. The recommended amount of sugar for a 7-10 year old is 24g (6 sugar cubes) a day and for 11years+ is 30g (7 sugar cubes) a day.

Here are some tips on how to cut the amount of sugar in your child's packed lunch box:

1. Avoid providing your child with a cereal bar – although sold as a healthy alternative, these are very high in sugar.
2. Although fruit can be high in sugar, it is healthier as the sugars are natural. Therefore consider replacing chocolate bars and sweets with pieces of fruit.
3. Avoid providing juice as a drink. Instead opt for sugar-free/reduced sugar squash or flavoured, sugar free water.

(Taken from NHS Change For Life website).

Kits needed Monday!

Swimming lessons – Year 3

Year 3 will start swimming lesson on Monday 11th January and will continue to have lessons until the end of 2016. A letter has been sent to Year 3 parents/carers with further details.

Milk

If your child has school milk, please check that they are drinking it, as we seem to have a large amount of left over every day which is going to waste. If you decide that your child no longer wants to have milk, please let the office staff know and they can amend the lists.

Dinner Money

The dinner money costs for the spring term are as follows:

Per day	£ 2.30
Per week	£11.50
Half term	£66.70

Easter Holidays

Yes we are being like those supermarkets who already have their eggs out ready for Easter!

Please note that, this year, Good Friday and Easter Monday are not part of the Easter holidays. The school will be closed for the Bank Holidays on Friday 25th March (Good Friday) and Monday 28th March (Easter Monday), but then the children will need to be back at school for four days until we break up at the end of the day on Friday 1st April for our two-week Easter Holidays.

Spellings

Our spelling groups will be starting again on Wednesday so please expect your child(ren) to bring their spelling log book home daily. Please encourage them to learn the rule as well as the words.

Class assemblies

The following class assemblies are on a Friday:

22nd Jan	Topaz
29th Jan	Amber
5th Feb	Diamond
26th Feb	Emerald
4h Mar	Amethyst
11th Mar	Ruby
18th Mar	Pearl
Thur 24th Mar	Quartz (2.30pm)

All class assemblies start at 9am, unless otherwise stated. All parents/carers are welcome to stay for a tea/coffee after the assembly and a chat with the class teacher.

Important dates for Spring Term 2016

Mon 11th Jan	Y3 start swimming
Thurs 14th Jan	Drug and Alcohol Awareness Workshop - 6.00-7.30pm
Mon 25th Jan	Clubs start
15th-19th Feb	HALF TERM
Fri 25th Mar	Good Friday (no school)
Mon 28th Mar	Easter Monday (no school)
Mon 4th Apr	EASTER HOLIDAYS

TERM DATES FOR THE NEXT TWO YEARS

The HCC terms dates for the next three years can be viewed at http://www.hertsdirect.org/services/edlearn/schlife/termdates/. In order to help you plan holidays, we have defined our INSET and Occasional Days for the next three years as follows:-

2016

Inset Days

Monday 18th April 2016

Friday 27th May 2016

Occasional Day

Monday 25th July 2016

2016/17

Inset Days

Thursday 1st September 2016

Friday 2nd September 2016

Thursday 5th January 2017

Friday 6th January 2017

Tuesday 18th April 2017

Occasional Day

Monday 24th July 2017