

Year 4- Food and Fasting

What it looked like last year...

- I have learnt about the special festivals in Hinduism, Islam, Sikhism, Judaism and Buddhism. We have talked about some of the foods that are important in these festivals.

What it looks like next year...

- I will be learning about the Christian celebration of Christmas and reflect on the food I eat.

Vocabulary (definitions)

Community
Kosher
Rabbi
Talmud
Parve
Lent
Abstain
Eid
Iftar
Sawm

Sequence of Learning

1. How do we think about food?
2. Religious Rules about food
3. Giving up food
4. Fasting
5. Food for Celebration
6. Feast

Cultural Capital

- To be able to discuss and understand the important role that food has in different religions.
- The real life skills developed will be the acceptance of those with different beliefs as a result of greater understanding.