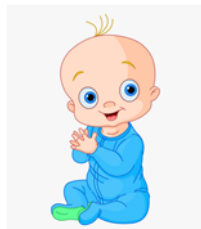


Year 4 Jigsaw Puzzle 6 – Changing Me

What it looked like last year...

- How babies grow
- Understanding a baby's needs
- Outside body changes
- Inside body changes
- Family stereotypes
- Challenging my ideas
- Preparing for transition



What it looks like next year...

- Self- and body image
- Influence of the media on body image
- Puberty for girls
- Puberty for boys
- Conception (including IVF)
- Growing responsibility
- Coping with change
- Preparing for transition

Vocabulary (definitions)

Piece 1	Piece 2	Piece 3	Piece 4	Piece 5	Piece 6
Personal Unique Character- istics Parents	Sperm Egg/ Ovum Penis Testicles Vagina/ Vulva Womb/ Uterus Ovaries Sexual Intercourse Fertilise Conception	Puberty Menstruation Periods	Circle Seasons Change Control	Range of emotions - see emotions card resource Control Change Acceptance	Change Looking forward Excited Nervous Anxious Happy (See emotions cards from Piece 5)

Sequence of Learning

1. Unique Me (S)
2. Having a Baby
3. Girls and Puberty (F) (E)
4. Circles of Change (E)
5. Accepting Change (F)
6. Looking Ahead (S) (F)



Cultural Capital

- To be able to accept change.
- The real life knowledge that links is: understanding how a girl's body changes in order for her to be able to have babies when she is older.
- The jobs it can be used in are: all jobs – accepting change.

Key Concept Links

- **Self-Belief and Self-worth (S)**
- **Empathy (E)**
- **Recognising, Understanding, and Managing Feelings. (F)**