

Year 6 Jigsaw Puzzle 5 – Relationships

What it looked like last year...

- Recognising my own skills and qualities.
- Building self-esteem.
- Safer online communities.
- Rights and responsibilities online
- Online gaming and gambling
- Reducing screen time
- Dangers of online grooming
- SMART internet safety rules



What it looks like next year...

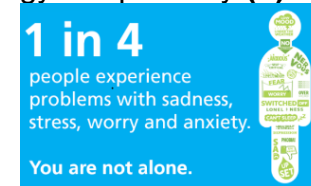
- My changing web of friendships
- Support I need now and in the future
- Developing positive relationships
- What outside factors affect relationships, e.g. media influences?
- Assertiveness in relationships
- The changing role of families

Vocabulary (definitions)

Piece 1	Piece 2	Piece 3	Piece 4	Piece 5	Piece 6
Mental health	Mental health	Emotions	Power	Risks	Communication
Ashamed	Worried	Feelings	Control	Pressure	Technology
Stigma	Signs	Loss, Grief	Authority	Influences	Power
Stress	Stress	Denial	Bullying	Self-control	Control
Anxiety	Anxiety	Despair	Script	Real/Fake	Cyberbullying
Support	Warning	Guilt, Shock	Assertive	True/untrue	Abuse
	Support	Hopelessness	Strategies	Assertiveness	Safety
	Self-harm	Anger		Judgement	
		Acceptance			
		Bereavement			
		Coping strategies			

Sequence of Learning

1. What is Mental Health? **(S) (E)**
2. My Mental Health **(S) (F)**
3. Love and Loss **(F) (E)**
4. Power and Control **(S) (E) (F)**
5. Being Online: Real or Fake? Safe or Unsafe? **(F)**
6. Using Technology Responsibly **(F)**



Cultural Capital

- To be able to recognise the difference between real or fake information and safe or unsafe situations.
- The real life knowledge that links is: how to recognise my own and others' mental health.
- The jobs it can be used in are: all jobs – how to use technology responsibly.

Key Concept Links

- **Self-Belief and Self-worth (S)**
- **Empathy (E)**
- **Recognising, Understanding, and Managing Feelings. (F)**