

24th June 2021

Swimming Lessons – Autumn / Spring 2021 (Year 4 and Year 5)

Dear Parent/Carers,

We wish to let you know that from September we will be resuming swimming lessons for our new year 5 pupils and our new year 4 pupils. We will provide another letter in due course which will detail dates, times and cost.

We firstly need to ascertain the swimming ability of your child. We would therefore ask that you please **complete the form below and return it to school by Monday 28th June**. We will then be in a position to book a time for the children to swim and send a further letter home.

Yours sincerely

Mr R. Pallant

Headteacher

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Pupil Name..... Class.....

- Stage 1 - Unable to swim at least 5 metres on front and back independently without floats (or Non-swimmer)
- Stage 2 - Can swim 5 metres on front and back independently without floats.
- Stage 3 - Can swim 10 metres on front and back independently without floats.
- Stage 4 - Can swim 10 metres front crawl with face in the water and 10 metres back stroke using arms.
- Stage 5 - Can tread water out of depth for 10 seconds, swim 25 metres back stroke, 10 metres breast stroke and breathe to the side while swimming front crawl.
- Stage 6 - Can swim 50 metres front crawl with breathing to the side, 50 metres back stroke, 25 metres breast stroke and swim under water for 5 metres.
- Stage 7 - Can swim 100 metres front crawl, 200 metres back stroke, 50 metres breast stroke, tread water out of depth for at least 1 minute and perform a forward roll.

Any other comments:.....

