

# Year 5 – Invasion Games – Football

## What it looked like last time...

- Introduce dribbling, passing and receiving to keep possession of the ball.
- Develop dribbling with control
- Use dribbling, passing and moving to create space.

## Vocabulary (Definitions)

**Passing**

**Receiving**

**Dribbling**

**Possession**

**Attacking**

**Defending**

**Collaborate**

**Shooting**

**Tackling** (trying to take the ball from an opponent)

**Marking** (remain close to an opponent to prevent them receiving or passing the ball)

**Pressuring** (apply pressure to an opponent trying to get them to make a mistake)

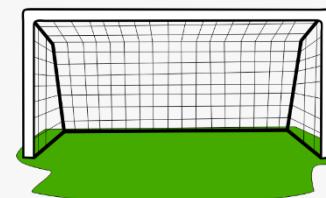


## What it looks like next year...

- Consolidation of passing, dribbling and moving to maintain possession of the ball.
- Consolidate understanding of the rules of football and how to officiate a game.
- Consolidate defending skills; marking, tackling and pressuring.

## Sequence of Learning

1. **Recap and refine dribbling and passing to maintain possession** (I can refine my dribbling and passing skills to maintain possession of the ball).
2. **Introduce defending** (I can learn how to defend when my team is not in possession).
3. **Develop defending** (I can develop my defending skills; tackling, marking and pressuring).
4. **Develop shooting** (I can develop my shooting and apply it to game situations).
5. **Refine attacking skills passing, dribbling and shooting, introduce officiating** (I can refine my attacking skills and understand when, where and why to apply them).
6. **Level 1 tournament** (I can bring together my learning into a level 1 tournament).



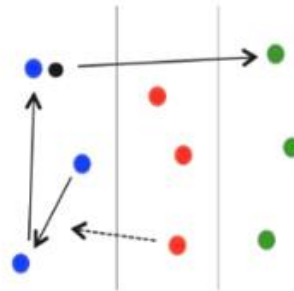
## Cultural Capital

- To be able to apply attacking skills to maintain possession and defending skills to gain possession, and to officiate simple games.
- The real life knowledge that links is: body control and movement, hand-eye co-ordination, teamwork, tactical thinking.
- The jobs it can be used in are: professional athlete, fitness instructor, sports coach or manager, sports official.

## Triple Team Football 3v3v3

### Structure

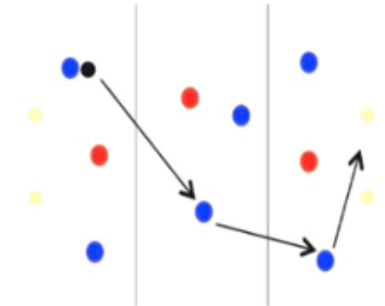
- Set up a pitch with three horizontal zones.
- In groups of 9, split the group into teams of 3 with one team in each zone.
- The team in the middle zone are the defenders. The 2 teams in either end zone are the attackers.
- The attackers need to make 3 passes in their own zone before passing the ball across to the attacking team on the opposite side, award the attackers a point if their pass is successful.



## 6v3 (2v1)

### Structure

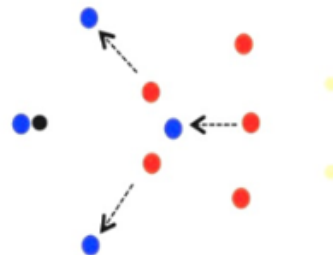
- Set up a pitch with three horizontal zones. In groups of 9, split the group into 6 attackers and 3 defenders.
- In each zone place 2 attackers and 1 defender (2v1). Attackers and defenders are restricted to their zone.
- The attackers combine passing and dribbling, passing the ball onto the next zone. The ball is not allowed to be passed through 2 zones.
- The attackers score a point if they score a goal.



## 5v4 Overload defending

### Structure

- Set up a pitch with a goal at one end.
- In groups of 9, 4 attackers and 5 defenders.
- The attacking team start with possession at the end opposite of the goal with the objective of scoring.
- The defenders have to try and prevent the attackers from scoring.
- Award the defenders a point if they prevent the attackers from scoring.



## Wing Football (5v3)

### Structure

- Set up a pitch with 2 vertical channels on either side of the pitch.
- In groups of 8; 1 goalkeeper, 5 attackers (which include 2 wingers) and 2 defenders.
- The attacking team start in possession at the end opposite of the goal.
- The wingers are restricted to their channel, the attackers and defenders are not allowed to enter the channel.
- The defenders have to prevent the attackers from scoring a goal.

